

Ballon Firtur

(Døstrup [Sønderjylland], Denmark)

This dance is from Døstrup in the Sønderjylland region of Denmark.

Pronunciation: bah-LOHN FEER-toor Translation: Ballon's Four Figure Dance
(Ballon is a person's name)

Music: 6/8 and 2/4 meter *Liflig Sang CD 1, Track #11*

Formation: 4-couple square set, all begin with the outer foot.

Steps & Styling: Waltz, Step-hop.

Hopsa: 1 M leap L (ct 1), step R (ct 2), step L (ct 3), turning CW half. W use opp ftwk.
2 M leap R (ct 1), step L (ct 2), step R (ct 3), turning CW remaining half. W use opp ftwk.

Tyrolerhopsa: In ballroom pos, 4 Hopsa steps progressing CCW around set:
1 With inside hands joined in W-pos, M push arm fwd and leap slightly L (ct 1), step R (ct 2), step L (ct 3). W use opp ftwk.
2 M pull arm back and leap slightly R (ct 1), step L (ct 2), step R (ct 3). W use opp ftwk.

Meas 6/8 and 2/4 meter Pattern

INTRODUCTION. None.

6/8 I. HONORS. (Refer to diagram above on right)

1-2 Cpl 1 and Cpl 2 bow to ptr and advance with 3 Waltz steps and acknowledge opp at end of meas 2.

3-4 Same cpls retire with 3 Waltz steps and acknowledge ptr at end of meas 4.

5-8 Cpls 3 and 4 repeat meas 1-4.

9-16 Repeat meas 1-8.

2/4 II. CHAIN AND TYROLERHOPSA.

1-8 All Grand Chain (Grand R & L) with Step-hops once around the set (1 step-hop per person).

9-10 All dance 1 Tyrolerhopsa to pos on R.

11-12 Repeat meas 9-10, and continue to opp pos.

13-16 Repeat meas 9-12 to return to beg pos.

Sequence: Repeat dance three more times (4 times total).



Presented by Wolfgang Schlüter